MADANAPALLE INSTITUTE OF TECHNOLOGY AND SCIENCE

(UGC – AUTONOMOUS)

Report on

CELEBRATION OF INTERNATIONAL YOGA DAY

On 21st June 2022 International Yoga Day was observed throughout the country. As part of the celebration MITS NCC has conducted a Program in BT college, Where many other NCC cadets from different colleges and schools has attended to make the event success.

The cadets were given a 1 hour Yoga practice by Yoga instructor.

Then the cadets were assembled and the Different ANO's of the colleges made a valuable speech on the occasion of Yoga Day. The program came to an end after giving refreshments to the cadets



